



# film by Anastázia Rainischová

# SYNOPSIS

In a hectic surreal city filled with balloon characters, you can't get bored, something is always happening, things happen fast and you don't know where to look first. Everybody likes each other and smiles cheerfully at one another. If someone overworks, they end up getting blown up and fixed. Everything appears to be running effortlessly until the main character witnesses a situation in which one balloon bursts and nothing can be done to prevent it. The illusions vanish and the protagonist begins to see his reality through an entirely new pair of eyes, and he no longer enjoys it. Everything becomes faster, more chaotic, and scarier, and the constant action becomes unmanageable. At times, the main character is able to escape into a dream world, and the viewer is carried along with him at the film's pace, allowing the contrasting environments and rushes of sensation, encouraged by the soundtrack, impact him.

DIRECTOR'S NOTE Living in the era of digital technology and social media puts us amid an infinite amount of information and visual stimuli that are constantly at our fingertips and where we too are instantly within reach. We can very quickly begin to compare our lives to others, to feel like we're missing out or not doing enough. I am often overwhelmed and feel like I just can't go on. The desire to hide from it all, forget the pressure and enjoy the small pleasures can be very satisfying, but it may also be a quick, surface solution to the problem.



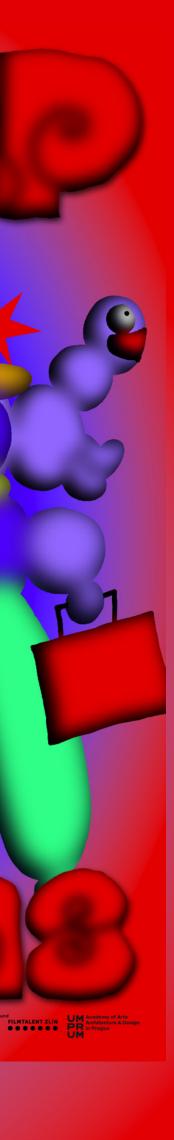
**Title of film: SLEEP DREAMS Country of Production: Czech Republic** Running Time: 00:07:29 **Date Completed: 2025** Genre:experimental dystopian dramaTechnique:2D digital frame-by frame animation<br/>stop-motionAudience:young adults +





Mey Anastázie Rainischová

## **TRAILER LINK**



**DIRECTOR:** 

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## BIO

Director, animator, illustrator and graphic designer. She is in her fifth year of studying animation at the Animation and Film Studio at the Academy of Arts, Architecture and Design in Prague. She also studied graphic design and in 2022 she was an intern in the illustration studio at the Universität der Kunste in Berlin. Here she first began exploring the escapism theme, which culminates in the original film Sleep Dreams She exhibited her series of prints Bliss, Wellness, Paradise at the LUSTR 2023 illustration and comics festival in Prague in the Young Talent Showcase section. For the series Wunderbaum she created the episode King of Ink with Natalia Peterkova. The series won the Best Czech Animated Series of the Year 2023 award at the Anifilm festival. She also participated in the collective music video for the song Ten Sen by the artist Kvítek, which was also shown at international festivals such as Anifilm and Fest Anča.

ig: staza.staza

## FILMOGRAPHY

2025 - Sleep Dreams
2024 - Pictures from Taipei
2024 - Akafukafundeluka / Anifilm Ident
2023 - Earworm: Feast / Music Video
2022 - Fiedlerski feat. Ben Cristovao: Space Cowboy / Music Video
2022 - Wunderbaum e.02: King of Ink
2021 - Kvítek: Ten sen / Music Video



### **PRODUCER: UMPRUM**

### SOUND DESIGN, MUSIC:

Knystof Záveský

Endowment Fund

FILMTALENT ZLÍN 



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## DOP: Filp Zknund



**UM** Academy of Arts Architecture & Design in Prague

